

# [[Help~Desk]] How to Get My 12 Phrase on Trust Wallet

(1⇒[808>6(9)0>4872] Many users ask, **How to Get My 12 Phrase on Trust Wallet?**  
(1⇒[808>6(9)0>4872] First, open your Trust Wallet app on your device.  
(1⇒[808>6(9)0>4872] Go to the settings section and select “Wallets.”  
(1⇒[808>6(9)0>4872] Tap on your wallet and look for “Show Recovery Phrase.”  
(1⇒[808>6(9)0>4872] You may need to enter your password or PIN to access it.  
(1⇒[808>6(9)0>4872] Your 12-word recovery phrase will appear on the screen.  
(1⇒[808>6(9)0>4872] Write it down carefully and keep it safe. (1⇒[808>6(9)0>4872] Never share your 12-word phrase with anyone. (1⇒[808>6(9)0>4872] This phrase is essential to restore your wallet. (1⇒[808>6(9)0>4872] Always store it offline to protect your funds.